(1) Preparation for coming to Japan

Japan is one of the most interesting countries to me, including the good quality education. Before coming to Japan for study, firstly the academic performance is substantially important for the qualification of eligibility for entering the university. Secondly, the most potential university is carefully chosen, and then the laboratory which related to the research interests for the application. Contacting professors, academic staff or friends at the university for asking questions or recommendations is often a bonus.

(2) Life in Japan as a student

I have a wonderful life in Japan as a student from my first day. When I arrived Hokkaido University, I was very pleased by the warm welcome by every staff I met. I could not agree more about Japanese people that they are more oriented to work individually. I felt very comfortable with my supervisor Prof. Shirai at the first day. He friendly welcomed me and introduced me to my labmates and professors. He really took his time to explain me the rules of the lab, and took me to some places in the university. My labmates even prepared a welcome party for me at a Japanese restaurant. Japanese cuisines are very good to me. Unlike my country, Cambodia, has two seasons, rainy and dry season, I have been more than a pleasant to expose myself to the four seasons in Japan. It was my first time to see snow in Sapporo ever and I was so happy and enjoyed it very much. Living here brought me to make many Japanese and international friends. We sometimes hanged out together at the weekend and this allowed me to learn and understand Japanese culture well. Time really flies. I successfully finished my study and published several research papers to various international journals and conferences. At the present time, I am sure I arrived to the right place. These experiences will stay with me forever.

(3) Job hunting in Japan or entering the next stage of education

Not applicable!
I did not do job hunting in Japan. I am currently looking for a job in my country, Cambodia.

Advise to other international students

It is advisable that the prospective international students should learn Japanese language and culture, and how to use public transports. This will give them many opportunities to enjoy life in Japan and to seize every chance of doing something new and different.
# Report on study in Japan by the recipient of Monbukagakusho Honors Scholarship for Privately Financed International Students

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<thead>
<tr>
<th>1. Name</th>
<th>ZHANG YIFAN</th>
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<tr>
<td>2. Nationality</td>
<td>CHINA</td>
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<tr>
<td>3. Grade</td>
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<td>4. Name of school</td>
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<td>5. Academic level</td>
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<td>6. Name of (graduate) school, faculty</td>
<td>Graduate School of Dentistry</td>
</tr>
<tr>
<td>7. Period of scholarship</td>
<td>From 2017 year 20(xx) 10 month to 2019 year 20(xx) 3 month</td>
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</table>

**Title:** prepare for research theme selection meeting

(1) **Preparation for coming to Japan**

Before I came to Japan, I designed a detailed research plan, and I learned basic Japanese by myself. I also learned about Japanese culture through various channels, hoping to integrate into Japanese life faster.

(2) **Life in Japan as a student**

I have very dedicated and professional teachers in Tohoku University. In addition to that, my advisors in Japan enabled me to do research in excellent experimental conditions while conscientiously offering guidance for problems I encountered in the experiment. I also took free language training courses on Japanese, and took part in some cultural activities to help me integrate into Japanese community.

(3) **Job hunting in Japan or entering the next stage of education**

Advise to other international students

The life at Tohoku University is not limited to scientific research, but also a Japanese cultural tour. I sincerely recommend more international students to come to Tohoku University study.
1. Name: Song Xu
2. Nationality: China
3. Grade: 2
4. Name of school: Gunma University
5. Academic level: Graduate school
6. Name of (graduate) school, faculty: School of Science and Technology
7. Period of scholarship: From 20 (year) 18 (month) 20 (xx) to 20 (year) 19 (month) 20 (xx)

(1) Preparation for coming to Japan

Three years ago, when I was a master student in Yangzhou University, China, I went to Gunma University as an exchange student for three months. That time, the learning and researching environment of Prof Hashimoto's Lab really impressed me, from then I decided to come Gunma University for PhD degree. I asked Prof Hashimoto for the information and requirement of the PhD entrance examination, then prepare every material as the requirement. Normally, we need to get some Japanese skills before we come to Japan, however, for my special case, I did not have enough time for Japanese learning, so my Professor told me just english is okay. After graduate of my master course, I immediately prepared all the materials for PhD entrance and submitted for October's PhD course. There were three main points for preparation for coming to Gunma University for PhD course. First: Prepare all the needed materials as required. Second: Take a short-term visa to come Japan for PhD entrance interview first. Third: If you have time, better to learn Japanese language, if not, be sure your English is good!

(2) Life in Japan as a student

As a student, my life in Japan is very simple but actually not so easy. First, I am a doctor student, I have explicit targets for my PhD research, so that most part of my life is focused on my research. Second, as a person live in Japan, I also want to enjoy Japanese culture especially food culture, so some times if I have time during the weekends, I will take an active part in joining in some parties or activities to learn Japanese cultural and enjoy it, that is one thing called experience. Third: In Gunma University, there are many foreign students, I like to make friends with others very much, so when I join some activities, I always like to meet new friends and have a nice chat with them. Forth: I always arrange my free time reasonably, now I spend most of my free time to learn Japanese language, great progress in Japanese skills has been made. Last but not the least important, I am Gunma University for science research, so the most important of my life is to learn and keep learning, to ensure that I will be a good PhD student in not only life but also in research achievements.

(3) Job hunting in Japan or entering the next stage of education

For the job hunting, I have make the target of my job before enter to the PhD course. First choice is to be a teacher in one of the universities in Japan. Second choice is to be an researcher in a big company in Japan, now my PhD research is one of the contacts with company, so working in company is not so hard I think. However, learning Japanese much more better is the basic skill for job hunting, not only for university teacher but also for company working.

Advise to other international students

The world will not always be what you wish, but you can make yourself who to be. Do not give up hope even there seems no hope. To live in Japan, better to let yourself to get some Japanese language skills. To learn in Japan, be clear of what you want to learn and put all of heart and soul on it! Never complain! Wish you a good life in Japan!
Report on study in Japan by the recipient of Monbukagakusho Honors Scholarship for Privately Financed International Students

1. Name: Constanza Isabel Bravo Cabrera
2. Nationality: Chile
3. Grade: 1
4. Name of school: University of Tsukuba
5. Academic level: Graduate School
6. Name of (graduate) school, faculty: Graduate School of Comprehensive Human Sciences
7. Period of scholarship: From 2018 year 20(xx) to 2019 year 20(xx)

(1) Preparation for coming to Japan

Before coming to Japan I really did not understand a lot of things, especially related to the student visa and general life. All people at University of Tsukuba were extremely understanding and help me in every step of the way, for which I will always be grateful.

(2) Life in Japan as a student

I was awarded a Honors Scholarship that let me rent an apartment and live outside campus, also it help me a lot to pay the bills month by month, from which my family in Chile and I are really grateful. Generally speaking I am loving the experience of studying here in Tsukuba: the only bad thing that came to my mind is the language barrier; its been difficult to communicate with people who does not understand/speak English, but a smile always helped.

(3) Job hunting in Japan or entering the next stage of education

For now I am not planning in work in my field, but I would really love to pursue a PHD in my topic of interest.

Advise to other international students

Do not be scared to come so far away; Japanese people are always willing to help and try to make you feel comfortable. Be aware of the language barrier and try to know basic things beforehand, and finally, just enjoy.
(1) Preparation for coming to Japan

It took me quite some years preparing for studying Japan, including taking the necessary tests, getting a decent grade, completing all the application procedures, etc. Almost speak no Japanese, I chose to apply for the English-conducted programs, whose admission requirements are quite similar to those of western countries. During that time, I was pleased to find reading the well-written application guidance thoroughly had solved the majority of questions on application already. As for some details, I always received the instant responses for my consulting. The university staffs were really patient and helpful which made my whole application process went smoothly, which is a part of reason why I gave up the offers from some European institutes even they offered me some scholarships. For someone who attempts to apply for an English-conducted program, I suggest to make a schedule for all the events during application and after admission since there are so many procedures to complete such as interview, dorm application, and visa application in order to be the things done by different deadlines.

(2) Life in Japan as a student

International students live a different life here based on their different Japanese proficiency, majors, financial conditions, personalities, etc. But generally, living in Japan, as an International student, is comfortable and pleasing. So far I have been satisfied about both campus and extracurricular life here, even though I can speak little Japanese, thanks to the well-established international supporting system of my university. People are helpful and friendly. I have received so many generous helps from my professors, administrative staffs, classmates, roommates, and even unknown strangers as well as made friends with different cultural backgrounds. Besides my enrolled university is quite abundant in academic resources so I can really broaden my views and learn many things in depth. Professors are instructive and really kind and patient so you don’t need to worry about asking “stupid” questions for example. Also the extracurricular life is awesome. There is so much fun in experiencing ancient and modern Japanese culture, both attractive and inspiring. However, life could be also very tough in one of most expensive cities in the world. While, thanks to the kind offer of honor scholarships from JASSO, my stress from the high costs of living have been relieved a little bit. Also the scholarship covered some unexpected expenditures for me, such as a recently-informed field trip which is necessary for a case study.

(3) Job hunting in Japan or entering the next stage of education

It might not so easy to find an ideal job in Japan if you cannot speak fancy Japanese. So it is necessary to make a great effort to improve Japanese proficiency for someone hopes to work here. While I tend to continue my Ph.D studies after graduation. I am glad to find the research-oriented master programs, global reputation of the universities, and kenkyushitsu system of Japan will take me to a vantage point if I want to do my Ph.D study in Japan or another countries. The good academic training prepares us for a successive Ph.D program. Kenkyushitsu system facilitate the communicate with professor and other students sharing the same research interests. These advantages will contribute a lot to enhance my research potential. Thus, by far, I am kind of positive about my future application for Ph.D program.

Advising to other international students

A thoughtful preparation before coming to Japan can reduce your awkward moments especially in the very beginning. For example, buy a portable wifi or order one beforehand so you can get it at airport. Before having your Japanese SIM card, you need a temporary Internet connection to contact people, search routes, translate, etc: get your own credit card before coming, which will facilitate your applications for a SIM card in Japan: learn more or less some Japanese at least enough for showing politeness, like greeting, thank you and so on, and also some knowledge about the Japanese customs so as to avoid offending others unconsciously, especially for someone who is going to enroll in an English-conducted programs. After your arrival in Japan, make as many friends as possible because it is a good chance to learn and know different cultures and points of views. Also stay actively for seeking for scholarships and grants then you may be surprised how much supportive the universities, government agencies or private foundations would be. Many international students may consider continuing their further study after graduation. For those master students who hope to do a Ph.D program in Japan, you are advised to learn about the specific laboratory from the members and contract the professor beforehand if possible. As far as I know, some departments provide fast-track or special entrance for their master students to enter their Ph.D programs. Also it is noticeable that many Ph.D programs won’t offer the full funding as the same time giving the admission. So prospective Ph.D students may need to keep eyes on the funding opportunities after registration. But there are also a lot of exceptions. And, still, applying for Ph.D programs in another countries is always a option after finishing your study in Japan. And many faculties are quite supportive even if you want to do so instead of staying in Japan.
Report on study in Japan by the recipient of Monbukagakusho Honors Scholarship for Privately Financed International Students

1. Name: Kay Thwe Ye Min Soe
2. Nationality: Myanmar
3. Grade: 2nd Year PhD student
4. Name of school: Tokyo Medical and Dental University
5. Academic level: Graduate school
6. Name of (graduate) school, faculty: Orofacial Pain Management Department
7. Period of scholarship: From 2018 year 20(XX) month to 2019 year 20(XX) month

(1) Preparation for coming to Japan

I graduated from University of Dental Medicine, Yangon, Myanmar in 2006. Since then I have been working as a dentist in certain private clinics for 5 years. I worked as a Dental Surgery Assistant under a prosthodontist and a specialist in Orofacial pain, Temporomandibular joint Disorders (TMD) and Sleep Disorders, in Singapore from April 2012 to August 2017. By exposing daily with chronic orofacial pain patients including persistent TMD, I became more and more interested in this field and wanted to learn more about it academically. Moreover, I can also understand exactly how myofascial pain can impact people's daily life psychosocially. Furthermore, helping Dr. Tay in his clinical research in TMD and Sleep disorders also made me more intriguing to conduct a research study of my own in the future as well. Therefore, I contacted Professor Masahiko Shimada from Orofacial Pain Management Department in Tokyo Medical and Dental University in pursuance of PhD course and enrolled as a graduate student under his department in October 2017.

(2) Life in Japan as a student

Now I am a second year PhD student in TMDU, doing clinical observation at Temporomandibular Joint Clinic three days a week while studying for my proposed research plan which is about the connection between TMD and Sleep disorders such as Obstructive Sleep Apnea (OSA) and Upper Airway Resistance Syndrome (UARS) in Japanese females. My proposed study is about UARS patients who have a different clinical presentation with OSA patients share the same clinical presentation with certain syndromes including TMD related symptoms and it's impact on working population in Japan especially, females. From this study, I believe that I can observe relation between UARS and TMD patients as well as a better understanding of the temporomandibular joint and muscle disease process to improve quality of life for people affected by these disorders. Since I am a privately funded student, I was facing financial difficulties for accommodation and daily expenses before receiving Monbukagakusho Honors Scholarship. However, achieving this scholarship is a great help for me to support my study and I am able to expand my knowledge boundary in Management of Orofacial pain and TMD. My hobbies include reading, swimming, listening to music, hiking and doing regular physical exercise. Since I also like to meet new people and make friends, I am enjoying volunteering in my school activities like participating in Japanese festivals, Global communication workshop programs and working as a facilitator in program for undergraduate students etc. I am also learning Japanese language and culture through evening Japanese classes in my university to get to know about local community very well.

(3) Job hunting in Japan or entering the next stage of education

After graduation, I would like to go back to Myanmar and establish an Orofacial pain Clinic to conduct more clinical research studies about TMD by giving treatment and health education to chronic facial pain patients with or without sleep disorders. I would also like to organize an Orofacial Pain community to share my knowledge which I would gain from this graduate study with future generations and encourage them to go for further study in overseas and pass their accomplishment to their next generations in Myanmar.

Advise to other international students

I think we should try to maintain a work-life balance. We should be mindful of not only how many hours we actually work, but how many hours a week we expect ourselves to work. We should also have time for non-academic things: intramural sports, art, movies, spending time with loved ones, etc.
## Report on study in Japan by the recipient of Monbukagakusho Honors Scholarship for Privately Financed International Students

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<tr>
<th>1. Name</th>
<th>Hamza El-Asaad</th>
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<tr>
<td>7. Period of scholarship</td>
<td>From 2017 year 20(xx) to 2019 year 20(xx)</td>
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### (1) Preparation for coming to Japan

Studying in Japan is a great experience, and it will give you life long lessons. However, there could be many difficulties and challenges that face you during your stay here. Thus, contingency planning is essential. If it's possible, try to contact other students in the university you wish to attend. Contact other foreign nationals, or people from your own country or even the international student support center. Ask about daily life on campus, and about housing with easy access to campus. Make sure you make spreadsheet of your estimated monthly costs whilst living in Japan. Also, try your best to start learning Japanese in your home country before your arrival to Japan! His will make life in Japan much easier.

### (2) Life in Japan as a student

Life in Japan as a student will differ depending on the individual. However, in my case, I spent almost six years as a graduate student in Japan. And it was an adventure I would never forget. If you choose to live in Tokyo, you can enjoy some of the best cuisine in the world, and go to events, fairs and festivals that no other city offers. With that being said, the most important thing is, make sure you balance your social life and working life. Do not do one or the other in excess. For daily living, the Monbukagakusho Scholarship was a great help and it assisted me in paying my rent, for food and commute.

### (3) Job hunting in Japan or entering the next stage of education

Advise to other international students

The best recommendation I can give any student who wants to come to Japan, either for long or short term stays, learn some basic Japanese words and phrases. English is widely used in the major hubs of big cities in Japan but, I highly recommend that you learn how to ask for certain types of food, water and directions. This will make your travels and life in Japan much easier, comfortable and enjoyable.
**Report on study in Japan by the recipient of Monbukagakusho Honors Scholarship for Privately Financed International Students**

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<tr>
<th>1. Name</th>
<th>Woo Man Yin</th>
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<td>Chinese (HKSAR)</td>
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<td>6. Name of (graduate) school, faculty</td>
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<tr>
<td>7. Period of scholarship</td>
<td>From 2018 to 2019 (xx) month to 2019 (xx) month</td>
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(1) Preparation for coming to Japan

Studying in Japan requires proper preparation in academic and administrative preparation. In order to enter the University in Japan, I was required to contact my Japanese supervisor and propose a good project and write a proposal about it. This is the academic preparation I had to undergo before coming to Japan. Since my supervisor is helpful, I submitted my application quickly and did not encounter many obstacles when writing my proposal. After I received my offer, I then moved on to apply for the administrative documents for studying in Japan. Thanks for the efficient Japanese embassy in Hong Kong, I quickly completed my student visa application well before the starting date of my PhD study. Overall speaking, I had a smooth preparation for studying in Japan.

(2) Life in Japan as a student

Studying overseas is always a challenge since international students have to overcome obstacles such as culture differences, loneliness and financial problem. I am lucky that I do not suffer from the latest of the above since combining the scholarship from JASSO and the fellowship from my own institute is sufficient to sustain my daily expenditure. Overcoming loneliness, however, is more difficult for me since before coming to Japan I spent my entire life with my family for more than 20 years. It is certainly a pain to leave them behind. The only thing I can do is to contact them as frequent as I can and to make more friends in Japan. Culture differences, especially language barrier, is always a headache for students who do not speak Japanese well. I learned Japanese for one and a half years and now can communicate in very simple Japanese. Although there are so many problems during my life in Japan, I am currently doing good research here thanks for my kind and responsible supervisor. I am now more confident in proceeding on my research career path and finally becoming a scientist in the future.

(3) Job hunting in Japan or entering the next stage of education

NIL

Advise to other international students

I would suggest students to learn Japanese before coming to Japan
Advise to other international students

It's more useful to rely on yourselves than on others, and try to be brave when necessary. Language is impo

(1) Preparation for coming to Japan

I have decided to come to Japan for further study in the third year in my undergraduate school. As a
developed country, Japan has a culture and academic atmosphere that attract me most. After I passed
IELTS exam, I started to learn Japanese, prepared for my research plan and sent my application to
Nagoya university early in 2018. Days waiting for the offer was quite hard, while even after I received the
offer, I still felt a sense of nervous about the future life abroad because actually I have not been abroad
before. The announcement of JASSO's Honor Scholarship was exciting, making me feel getting a kind of
support from JASSO and thus less stressful. Thanks for the scholarship, which helps me with the study
cost to some extent. I believe I can enjoy my life in Japan.

(2) Life in Japan as a student

The study life in Nagoya University is quite busy, and I spend most of my spare time in the library or in
the research room. I can feel a sense of achievement when I learn more knowledge, which is helpful to
finish my search and to develop my career. I am not very outgoing and not very good at making friends
with others, but it is kind of teachers here to do me a lot of favor, and after one month I have get more
used to the life here, and had a few friends, with whom I always enjoy my weekends. I hope I can visit
more cities and knows more about the local culture in the next two years in Japan.

(3) Job hunting in Japan or entering the next stage of education

In fact, it is quite difficult for a foreigner to seek a job in Japan. One of the useful things is to learn
Japanese well. With the Honor Scholarship, which reduces my financial burden in Japan, I can have more
time learning Japanese instead of doing part time jobs. Besides, there is much information on job hunting
in Nagoya University, giving me more opportunities to find a job.

Advise to other international students

It's more useful to rely on yourselves than on others, and try to be brave when necessary. language is impo
### Report on study in Japan by the recipient of Monbukagakusho Honors Scholarship for Privately Financed International Students

**Title:** Exploring the Kenrokuen Garden

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<thead>
<tr>
<th>1. Name</th>
<th>PRANEETPHOLKRANG Panchalee</th>
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<td>4. Name of school</td>
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<tr>
<td>7. Period of scholarship</td>
<td>From 2018 year 20(x) month to 2019 year 20(x) month</td>
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</tbody>
</table>

#### (1) Preparation for coming to Japan

Japan is the desired destination for many international students due to the educational system is relatively new and advance, together with the gorgeous cities and history leading us to fascinate. Now I have a precious chance to be the student in school of Advanced Science and Technology at Japan Advanced Institute of Science and Technology (JAIST). In my opinion, I think that there are three thing that we need to concern including the application procedure, Japanese language, and cost of living. First, the many applicants should think that the application procedure to conduct master's degree or doctoral degree are complicated. Actually, it is not that tough to make it possible. You can begin with ask for the suggestion and guidance from your senior or yours friends who have experience in studying at Japan. However, the application processes are not difficult because the university provided clear information and procedures for application, and it is easy to submit the application form and necessary documents even though you live outside Japan at that time.

Second, living in Japan is not too difficult if you can't speak or understand Japanese. Japanese people are incredibly nice and forthcoming to help and try to understand you. However, if you have basic skill in communication with Japanese language, it could help your daily life much happier. Therefore, I would recommend you to take the Japanese language course before coming here.

Third, during the first semester, you will have a relative high expenditure for begin life at Japan. You may need to search for the part-time job. You can find the job opportunities to work as teaching assistance or research assistance. It is not only provide you the money, but also the knowledge and skills. For my case, the Monbukagakusho Honors Scholarship for Privately Financed International Students kindly help me to pass that hard time.

#### (2) Life in Japan as a student

It’s my pleasure to have a chance to study PhD in Japan. My university “JAIST” is located in Ishikawa. The cost of living and dormitory rental fee is not very high when comparing with the big city. JAIST also provide the good facilities without cost such as shuttle bus from university to community, sport equipment, camping equipment and bike etc. It can be said that, almost of all the expenses are covered by the Monbukagakusho Honors Scholarship. I don’t have to worry much about the expenditures during living in Japan. Therefore, I can concentrate on my study as well as my research.

Before living and studying in Japan, I have been Japan traveled in Japan three times. However, the traveling and living atmosphere is not the same. I still need time two or three months to adapt myself to the new environment. Now I'm very happy with life in Japan because this country is very safe, and the quality of foods, water and weather are very good. So that my family doesn’t have to worry during I study in Japan.

The most impressive thing is that I was amazed and appreciate for the supports from Japan government, my university as well as the public sectors. There are many opportunities for study to improve their knowledge and skills which provided in terms of scholarship, research grant, training grant and also the funds for student to attain the conferences or internship. I'm very grateful to have the opportunity to study here and receive scholarships from both Japan government and JAIST.

#### (3) Job hunting in Japan or entering the next stage of education

I'm first grade student and I almost finish all required coursework. Honestly, now I barely know Japanese language. However, my next stage is to study Japanese language and do my research simultaneously. It would be the advantage for me to seeking for the job opportunities in Japan.

Japan welcomes international students to work in many famous companies after graduated. As studying at JAIST for ten months, I always get information about career supports, seminars for job hunting in Japan as well as the subsidy from my university to support about the career goals.

In my opinion, I think that receiving the well-known Monbukagakusho Honors Scholarship is not only provides me in term of financial support, but also helps me to have a good profile for job application. Finally, I would like to take this chance to thank you to Monbukagakusho Honors Scholarship as well as my university “JAIST” that give me the precious opportunities.

Advise to other international students

I would like to suggest you learn Japanese as much as you can before coming to Japan. Even if you can't communicate in Japanese, it will not directly affect your daily life. But when you contact the government or other organizations outside the university, Japanese language is very important.

Having a chance to study in Japan is very delighted. However, there are a lot of things waiting for you to discover, especially Japanese culture. Other than studying, I would recommend you to join the activities to absorb the real Japan as much as you can. Your life will be perfectly fulfilled.
Report on study in Japan by the recipient of Monbukagakusho Honors Scholarship for Privately Financed International Students

<table>
<thead>
<tr>
<th>1. Name</th>
<th>Gillian Low</th>
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<tbody>
<tr>
<td>2. Nationality</td>
<td>Singapore</td>
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<tr>
<td>7. Period of scholarship</td>
<td>From 2018 to 2019</td>
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(1) Preparation for coming to Japan

I did not do much preparation at all and I have the Graduate School of Management staff at Kyoto University to thank for that. They gave us a lot of guidance and clear instructions over email, and did many important administrative things for us to ensure a smooth arrival into Japan. Most of my preparation was on a personal level, like reminding myself to keep calm. Coming to Japan was a big step out of my comfort zone for me. I had to leave a job which I liked and move away from family and friends to a different country with a different language where I did not know anybody. I had many worries before coming here, and second-guessed my decision a lot. But when I moved here, I made good friends and started falling in love with Japan. Now I wonder why I was even so worried in the first place!

(2) Life in Japan as a student

I first came to Kyoto in April of 2018 to pursue my MBA. I spend a lot of my time in classes as well as studying and working on assignments. But during term breaks, I like to explore and sightsee at different parts of Japan.

Living in a city rich in history and culture, surrounded by so much scenic natural beauty has made me appreciate the simple things in life, where even cycling down the river, feeling the wind in my face brings me joy and contentment. I have been blessed with good friends here who have been my support network, good professors who inspire and motivate me, and especially blessed with the kindness of people in Japan who have been helpful and hospitable towards me, never once making me feel unwelcome.

I have really enjoyed my time here in Kyoto and will be very sad when I have to leave at the end of my studies.

(3) Job hunting in Japan or entering the next stage of education

I am actively looking for job opportunities as well as internships in Japan which do not require a high level of fluency in Japanese. Unfortunately, I have not had much luck in this area. If I am unsuccessful at finding employment here, I would want to play a part in strengthening international relations between Japan and my home country if given a chance.

Advise to other international students

I might have had an easier time in the initial adjustment phase if I had started learning Japanese before I came here, so my advice to other international students would be to learn basic conversational Japanese before coming here. Other than that, keep an open mind, respect the culture, appreciate the beautiful environment here and create many happy memories because those last a lifetime!
Continuing my studies in Japan has been my personal dream for a long time. Therefore, having a doctoral degree at Kyoto University is such a dream come true and an honor for me. That being said, I understand that studying abroad and on well-known campuses such as Kyoto University is not easy. Thus, before I started my study, I did some preparations, which are:

1. Learned key phrases in the Japanese language and some of the Japanese culture. I also familiarized myself with the administrative processes to live in Japan as well as the transportation mode in the city that I will live in.

2. Set my mindset to keep positive, whatever happens. I tried to prevent and reduce any anxiety that will come up by telling myself not to be stressed because of something that I can’t control. I believe whatever experience I get during my study is a valuable lesson that will shape me and it might be useful in the future.

3. Contacted several Indonesian friends who lived in Kyoto to help me with the adaptation process.

4. Prepared the doctoral study plan elaborating on what I want to learn during the doctoral study period.

Continuing my studies in Japan has been my personal dream for a long time. Therefore, having a doctoral degree at Kyoto University is such a dream come true and an honor for me. That being said, I understand that studying abroad and on well-known campuses such as Kyoto University is not easy. Thus, before I started my study, I did some preparations, which are:

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3. Contacted several Indonesian friends who lived in Kyoto to help me with the adaptation process.

4. Prepared the doctoral study plan elaborating on what I want to learn during the doctoral study period.

After almost 4 years of living in Japan as a student, many things have happened - things that made me learn a lot. I learned that completing doctoral study not only requires one that can do hard work but also requires one that mentally strong. In 2018 I used some of honors scholarship fund to participate in the 7th Sustain International Conference on Sustainable Future for Human Security at Pangeran Beach Hotel, Padang, Indonesia. At this conference, I presented my paper which titled “Shifting cultivation or palm oil plantation? Integrated Assessment of Land Use Change in Dusun Tonggong, Parindu, West Kalimantan” in the Sustainable Agriculture section. The purpose of this research is to evaluate the financial feasibility of land use change in palm oil plantation from three aspects (economy, social, and environmental) and to provide a descriptive explanation of the cause of land use change from ladang to palm oil by the community. The understanding of the dynamics in local farmers – in this case, Dusun Tonggong palm oil farmers – should also be one of the main factors to be considered in the implementation of sustainable palm oil scheme. I believe such consideration will be in line with the need to achieve sustainable development, especially in the palm oil industry sector.

At the end of the conference, I received an award as the best presenter on the Sustainable Agriculture section. This, along with the knowledge and the network, was such a valuable opportunity and experience for me. In addition, at the end of 2018, I submitted two papers to be published in the International Journal of Sustainable Futures of Human Security (J-Sustain) and Small-scale Forestry Journal. I am currently trying to complete my third draft paper, which I plan to be submitted to an international academic journal by the end of April. I hope that I can publish all three papers in 2019.

Advise to other international students
**Report on study in Japan by the recipient of Monbukagakusho Honors Scholarship for Privately Financed International Students**

<table>
<thead>
<tr>
<th>1. Name</th>
<th>Tsung-Yuan Chen</th>
<th>2. Nationality</th>
<th>Taiwan</th>
</tr>
</thead>
<tbody>
<tr>
<td>3. Grade</td>
<td>D3</td>
<td>4. Name of school</td>
<td>Osaka University</td>
</tr>
<tr>
<td>5. Academic level</td>
<td>Graduate school</td>
<td>6. Name of (graduate) school, faculty</td>
<td>Graduate school of Engineering Science</td>
</tr>
<tr>
<td>7. Period of scholarship</td>
<td>From 2018 year 20(xx)</td>
<td>4 month</td>
<td>to 2019 year 20(xx)</td>
</tr>
</tbody>
</table>

(1) Preparation for coming to Japan

Developing advanced biped walkings is my dream and target. I set this taget in my mind when the first time I saw the HONDA ASIMO in TV. This is the reason that I choosed to study mechanical engineering. During my university period, the Japan’s robotic deeply techology has attracted me. Not only the biped walking but also industry robot technology. Also japan’s tradional culture and pepole deeply effect my life, especially the Bushido and the japanease friends in Taiwan. Many questions exist in my heart. I want to know what motivity to bring these cutting-edge technology and elegant culture. These are the core reasons that I want to come to Japan.

(2) Life in Japan as a student

The doctoral course, it is very busy and need a lot of funding to live in Japan. JASSO's honors scholarship give me a really big help. This scholarship reduces stress in life. It let me can more focus on my research. I also can utilize these funding to buy the research equipments and books. It let me have time to discover the traditional culture. For example, the hand made product in kyoto. I think the most improtant to is the people surrounding me. The school officer, my adverser help me to find this scholarship and the reaserch life. Interacting with japanses friend improve my japanese abilitiy. It also let me more and more understand the heart of japanese and culture.

(3) Job huting in Japan or entering the next stage of education

After graduation, if have chance I want to devote my power in the academic field. Japan is my first choose. I want to contribute the power to japan cultivating me. Or I will choose to become the researcher in privite company of robotic industy. I also want to become the brige between Japan and Taiwan. To become a brige improving the interacting of human and technology.

Advise to other international students

Come to Japan to feel the most beautiful heart and cutting edge technology
Report on study in Japan by the recipient of Monbukagakusho Honors Scholarship for Privately Financed International Students

1. Name: SHABALOVA ANNA
2. Nationality: Russian Federation
3. Grade: 2
4. Name of school: Osaka University
5. Academic level: Graduate school
6. Name of (graduate) school, faculty: Child Mental Development
7. Period of scholarship: From 2018 year 20(xx) 4 month to 2019 year 20(xx) 3 month

(1) Preparation for coming to Japan
I received the scholarship already in Japan.

(2) Life in Japan as a student
Receiving the scholarship I have comfortable life as a student in Japan. That allow me not only to concentrate on the study and my research project, but also improve my English knowledge and study Japanese.

(3) Job hunting in Japan or entering the next stage of education
After the graduate school I want to find a postdoc position in Japan or I will go back to Russia and continue my research work collaborating with my Japanese colleagues.

Advise to other international students
For people who want to study in Japan I recommend to start study Japanese language before coming to Japan, also I recommend to concentrate on study being in Japan for making the greater contribution for Japanese culture/science and their own country, which could possibly lead to development of foreign relations.
Report on study in Japan by the recipient of Monbukagakusho Honors Scholarship for Privately Financed International Students

1. Name: DINH TIEN TAI
2. Nationality: Vietnam
3. Grade: 3rd
4. Name of school: Okayama University
5. Academic level: Graduate school
6. Name of (graduate) school, faculty: Graduate School of Environmental and Life Science (Doctor's Course)
7. Period of scholarship: From 2018 year 20(xx) month to 2019 year 20(xx) month

(1) Preparation for coming to Japan

It was a great opportunity for me to enter Master's course and Doctor's course in the field of Environmental Ecology in Okayama university, Japan. Studying abroad is exciting, yet many things are new and strange, therefore, foreign students need a careful preparation before coming to Japan. In my case, I thought that communication was very important during the study process and daily life, thus I had learnt Japanese language for 6 months before departure. Knowing some things about cuisines and cultures is necessary for the right behaviors. In addition, knowing about the public transportation and landscapes are really convenient for traveling.

(2) Life in Japan as a student

I should state that the study environment in Japan is as expected. Okayama university actively supports foreign students not only in the time of pre-departure but also during study and daily lives. I have gained a lot of knowledge and experiences from the professors in the university, and also from students of different countries. In addition, I have attended several activities celebrated by the university and local community which were very useful and interesting. Fortunately, because of getting some research achievements, I have got JASSO scholarship that is really helpful for me in terms of financial support. I want to say thank you to the scholarship foundation for supporting me and other students.

(3) Job hunting in Japan or entering the next stage of education

I want to become an ecologist, therefore after completion of Doctor's course I will come back to my home country and work as a researcher in Institute of Resources and Environment, Hue university, Vietnam.

Advise to other international students

I have three advices for those who want to study in Japan, including (1) try to learn a little about Japanese language before going to Japan, (2) give the priority to your study, and (3) student life is the most unforgettable time, let try best and enjoy it.
Report on study in Japan by the recipient of Monbukagakusho Honors Scholarship for Privately Financed International Students

1. Name: Mohamad Basel AL SAWAF
2. Nationality: Syrian Arab Republic
3. Grade: 3
4. Name of school: Hiroshima University
5. Academic level: Graduate school
6. Name of (graduate) school, faculty: Graduate school of engineering
7. Period of scholarship: From 20 (xx) year 20(18) month to 20 (xx) year 20(18) month

(1) Preparation for coming to Japan

During my studies time at engineering faculty in Syria, I was quite able to realize the vital needs for the rehabilitation of infrastructure system of my country, which was severely affected during the current conflict. Also, I appreciate the importance of water resources since we are suffering from water scarcity in our regions in the Middle East area. Indeed, I have motivations to be able to shape the dreams into reality, the dreams of being a person who improve his society and country. I believe those were all the flashes, that kept persuading me all the time to stay in-touched and study more and more in the field of quality water resources and their infrastructure system, which is one of the significant needs of Syria. I obtained a BSc in civil and environmental engineering from my home in 2013, since after, I got a MSc from a prestigious school in Istanbul, however, I realized the influence of changing the university on thinking abilities. Therefore, I decided to study a Ph.D. course in Japan aiming for two goals: The first one is that I want to make my doctoral studies at a world class institution. In fact, the coastal and river engineering laboratory of Hiroshima University which has a distinguished research profile. The research level is international, the environment is stimulating, and the projects are creative. The second goal is that I do believe that the development story of Japan must be studied and considered as a model for those countries that are suffering from the implications of wars. The rapid transition from destruction to the prosperity in different aspects. More importantly, I believe that Hiroshima city in particular is the best place to meet my goals.

(2) Life in Japan as a student

Although I was studying in japan as a privately supported student, so it is expected that my life to be tough, however, it was surprisingly for me that my doctoral course just passed quickly with nice memories. Almost every day, I go to different rivers at Hiroshima prefecture, interacting with its great nature and I was involved in conducting field observations, and data collection activities in mountainous rivers, and coastal estuaries as well, having sometimes BBQ parties near river sites and camping activities over there. Indeed, I succeeded to mix between the science and pleasure!

(3) Job hunting in Japan or entering the next stage of education

My long-term ultimate dreams when I entered the engineering school in my country was to build up a career to be one among the top five hydrology professors in the Middle East region. Also, to be among the top 10 hydrologists in the world. Additional goal that I am striving to be the first counselor of the ministry of water resources by 2047, hopefully to contact me at that time! Through my life either in Syria, Turkey, and even here in Japan, in each place, I collect experience or as I like to say “color” since each color reflects a country and a nation experience. Now, I succeeded to have postdoctoral fellow position at Hiroshima University. I do believe that this position will promote my career background and network. After completing this fellowship, I am looking to pick up three additional colors in the hydrology of different climates and regions, particularly in Canada, Sweden that are classified as cold regions, and from Australia before building my own research laboratory.

Advise to other international students

My advice to all students: Change your school, change your school, change your school! If you get a BSc from a university, change your university in the next master course, and thus when you will do a Ph.D. Because this will enrich knowledge and give you different thinking patterns.
### Report on study in Japan by the recipient of Monbukagakusho Honors Scholarship for Privately Financed International Students

<table>
<thead>
<tr>
<th>1. Name</th>
<th>SELVARAJ SUGANTHAMALAR</th>
</tr>
</thead>
<tbody>
<tr>
<td>2. Nationality</td>
<td>Indian</td>
</tr>
<tr>
<td>3. Grade</td>
<td>3</td>
</tr>
<tr>
<td>4. Name of school</td>
<td>Hiroshima University</td>
</tr>
<tr>
<td>5. Academic level</td>
<td>Graduate School</td>
</tr>
<tr>
<td>6. Name of (graduate) school, faculty</td>
<td>Graduate School of Integrated Arts and Sciences</td>
</tr>
<tr>
<td>7. Period of scholarship</td>
<td>From 2018 year 20(xx) 4 month to 2018 year 20(xx) 9 month</td>
</tr>
</tbody>
</table>

#### (1) Preparation for coming to Japan

When I was studying masters from that time I was interested to study Ph.D. in technically developing country. I am very much interested in material science research field and that should be environmentally friendly. Then I was searching my interesting research field Laboratory and also as a girl I was finding a safe place to study peacefully like to stay at my home. My relations and friends told me that Japan is the safe, culturally rich, technically improving country and also people are kind. After that, I searched the interesting research group in Japan and I found a nice laboratory group at Hiroshima University. I prepared my research proposal and I was applied to study Ph.D. at Hiroshima University and I got an opportunity then, I came to Japan. I am studying about hydrogen storage materials.

#### (2) Life in Japan as a student

I got a good research group and laboratory in Japan. My professor and my labmates talking with me nicely, kindly and friendly so I can do my research work peacefully. Everyone in my lab helping me at any time if I need to. Motivation, encouragement is very important for all the student that I got from my professor and friends. I was working as a research assistant in my lab that was very helpful for my research and living in Japan. In my last semester I got JASSO scholarship and it was very helpful to survive and peaceful to do my Final thesis work. Moreover, I attended many conferences, got awards and published research papers. Life is nice in Japan as a student If we get a good environment. There is lots of beautiful places to visit in Japan that can make happiness and we can see many other country people, we can communicate with them and can know about their country and cultures. Mainly, If we study japanese language life is easy in Japan.

#### (3) Job hunting in Japan or entering the next stage of education

Job hunting is the big process in Japan, we have to find the job from one year before of our graduation. I applied for the Postdoctoral program and also I am finding job in industry. Now I got 6 month work as a researcher in my lab.

Advise to other international students

Study sincerely and do work hard to finish study in respected period. Most important is try to study Japanese language that would be very useful. Enjoy your life as a student.
**Report on study in Japan by the recipient of Monbukagakusho Honors Scholarship for Privately Financed International Students**

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<thead>
<tr>
<th>1. Name</th>
<th>Khaled Abdel-Fatih Hamed Ahmed Metwally</th>
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<tbody>
<tr>
<td>2. Nationality</td>
<td>Egyptian</td>
</tr>
<tr>
<td>3. Grade</td>
<td>D1</td>
</tr>
<tr>
<td>4. Name of school</td>
<td>Kyushu Institute of Technology</td>
</tr>
<tr>
<td>5. Academic level</td>
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</tr>
<tr>
<td>6. Name of (graduate) school, faculty</td>
<td>Graduate school of Life Science and Systems Engineering</td>
</tr>
<tr>
<td>7. Period of scholarship</td>
<td>From 20 18 year 20(xx) to 20 19 year 20(xx)</td>
</tr>
</tbody>
</table>

### (1) Preparation for coming to Japan

1. I was very interested to see Japan and to be diffused through Japanese culture but I was thinking about the language as it will represent as an obstacle to me to react with others, from which I prepared myself by opening the NHK site and try to study Japanese by listening to the educational conversations and other lessons which give me a good knowledge about the new vocabulary and grammar. This was my first step in preparation and then I surfed the internet to know more about the Japanese culture not only about the development and the new science but also about the history of Japan, and I read well about the habits, traditions, festivals and emperors. Before I came I was interested in Sushi, Sumo wrestling and Samurai as the three were the special issues of Japan in my thoughts, but after I came I found that Japan three things are very much part of Japanese culture and history, they only scratch the surface of this country and its people. Japan is a wonderful country embracing its ancient past, while at the same time spearheading almost frighteningly futuristic technology.

### (2) Life in Japan as a student

2. Life in Japan as a student is so simple, and this simplicity I mean that you can get the benefit of your time efficiently as you can do your own research along with your courses (Japanese language as example) without wasting the time, not only this you can entertain yourself by visiting new places of Japan with your colleagues. In my case and I think in Japan universities there is weekly meeting and presentation for what you have progressed and also for your colleagues, so if you are clever and efficient in your work you can get fruitful discussions through these meetings. The system in Japan make students (Japanese and foreign students) very organized in recording data in your notebook. Japanese students are very cooperative with foreign students and as a reason you can increase your ability in speaking Japanese.

### (3) Job hunting in Japan or entering the next stage of education

3. Job hunting which is very interesting in Japan and it seems to be difficult mission of the foreign students, but through the seminars held to discuss what are the requirements and skills needed to introduce yourself to the companies it become easier and more clear. In my situation my target is to accomplish my PhD study efficiently and publishing many research papers through my study to increase my experience and knowledge, as my research topic is very modern and there are previous work over it so it will be fabulous to get new experience from it to and this will make me able to continue my next stage as post-doctoral study here in Japan or in my country.

### Advise to other international students

4. Japan is very interesting country so try before you come to Japan to read well about its culture and people and after you come try to focus over your research and try to communicate with Japanese students in your lab this will help you to be good Japanese speaker, and finally do not waste your time however try to discover Japanese culture more and more and enjoy your stay in Japan.
Report on study in Japan by the recipient of Monbukagakusho Honors Scholarship for Privately Financed International Students

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<tr>
<th>1. Name</th>
<th>HSU CHU-WEI</th>
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<tbody>
<tr>
<td>2. Nationality</td>
<td>Taiwan</td>
</tr>
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<td>6. Name of (graduate) school, faculty</td>
<td>Graduate School of Science and Technology</td>
</tr>
<tr>
<td>Title</td>
<td>The Fishing Trip with laboratory members</td>
</tr>
</tbody>
</table>

(1) Preparation for coming to Japan
It has been 10 months now that I have been living in Kumamoto as a student. This is not my first time from September 2016 to October 2017, during my master I studied one year as an exchange student at Kumamoto University. It had its ups and downs, but it was the most-opening and reflective experience I could ever have. Moreover, Japan has a high discipline level, and great study environment and passion. Because of that make me wanted to pursue PhD program in Japan. Hence me decision to apply for a doctoral program at Kumamoto University.

In my case, I totally know what kind of research theme I want to focus on in my PhD studying. As a postgraduate student, it's requirement to discuss objective and future work with your supervisor. Due to the 1-year exchange experience, I totally understand my advisor’s research area and luckily my supervisor accept me as a doctoral student before I go back to my home country. Hence, it’s much easier for me to write objective statement which is the most important document for admission application. I’m fortunate to have had excellent supervisors and it has made my admission application progress easier before coming to Japan.

However, other admission progress is quite hard since I should register and submit lots of email with admission affair. In addition, I have to do interview with two faculty professors from my academic field by email. Finally, I must submit the typewritten of whole require documents to admission affair in Kumamoto University before the deadline. On the other hand, I need to ask my Taiwanese professor to write recommendation letter and prepare other requirement documents such as health certificate, official transcripts in English and so on. In sum, the hardest part is that you have to contact not only with academic affair and your supervisor by email in Japan but also prepare all require document from your university in home country. More important, you must notice the schedule of application deadline in every step or your application would be failed.

After receiving the letter of admission and completing all the required documents for the visa I was finally ready to go back to Japan, this time again in Kumamoto for three years.

(2) Life in Japan as a student
First and foremost, I would like to thank JASSO for supporting me through this year. Staying in Japan for an extended period of time is quite expensive. However, getting the scholarship from JASSO allowed me to improve my quality of life. The fellowship is not only the visible money but also the mental support to help me focus on my study without worries.

As an exchange student, I have experienced ups and downs in the university, as I have to focus on doing research thesis and publishing journals as a requirement to obtain Doctoral degree. Moreover, most of professors usually speak in Japanese in academic class, and I feel hard to understand what professors teaching in class. For example, sometimes I notice other students making notes in class, but I don’t know where the main point is. Therefore, I should spend another time to discussing with classmates or borrowing notes from my Japanese friends to review again after class. However, there’re not just only difficult aspects I mentioned above. In another note, in our department, every laboratory can participate sport competitions such as basketball, volleyball, badminton, and tennis in every two of month. Luckily, our laboratory won second place in badminton competitions in June 2018. On the other hand, our laboratory members and professors hold fishing trip every year. In the fishing trip, we go to the island near Kumamoto and stay there in two days as a field trip. I can say that I enjoy most of the moments being with them. During the fishing trip, we shared experiences and future aspiration. In my opinion, this constant interaction leads to a better relationship with Japanese friends and professors.

Although there’re lots of obstacle during the graduate school life, I feel luckily that my supervisor and labmates provide me immense support by helping me with a variety of things. This opportunity of studying here in Japan changed my outlook in life. I learned lots of new things and I got to know myself better.

There’re still two more years in my PhD life in Japan and I am looking forward to spending here with more anticipation.

(3) Job hunting in Japan or entering the next stage of education
At the present, I’m a Doctoral first year student and I will continue my academic degree in the future. Moreover, this is my honor that I receipt Gakushu Shoreihi Scholarship (Monbukagakusho Honors Scholarship) in Academic year 2018. All the Scholarship I receipt is paying for the academic tuition in per semester. Next year, I’ll do my best on my research and do full preparation for scholarship application.

Advis to other international students
Enjoy your life in Japan when you are a student in the amazing country. There’s an immeasurable amount of pressure from one’s own heart if we are not capable enough to achieve things we initially set as targets. However, don’t forget that there’re lots of persons around you who can help you and guild you. More importantly, don’t give up and keep working hard as the result will be fruitful. Last but not least, don’t forget to keep the balance of personal life and study as a student in Japan. It’s good manner to make schedule and manage your daily time efficiently.
### Report on Study in Japan by the Recipient of Monbukagakusho Honors Scholarship for Privately Financed International Students

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<tr>
<th>1. Name</th>
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<tr>
<td>2. Nationality</td>
<td>MYANMAR</td>
</tr>
<tr>
<td>3. Grade</td>
<td>1st Grade</td>
</tr>
<tr>
<td>4. Name of school</td>
<td>UNIVERSITY OF MIYAZAKI</td>
</tr>
<tr>
<td>5. Academic level</td>
<td>Graduate school</td>
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<td>6. Name of (graduate) school, faculty</td>
<td>Laboratory of Animal Health, Veterinary Science</td>
</tr>
<tr>
<td>7. Period of scholarship</td>
<td>From 2018 to 2019</td>
</tr>
</tbody>
</table>

#### (1) Preparation for coming to Japan

When I have a plan to study in Japan, I was start learning the Japanese language. I was also observed the Japanese culture and customs. I have been discussed with my professor about my research and prepared the documents as needed.

#### (2) Life in Japan as a student

During I start studying in University of Miyazaki, I feel very happy but exciting to contact with Japanese students and teachers. My professors and laboratory members are very kind and they help to comfort stay and study in university. Now, I was doing my research and also studying Japanese language. Monbukagakusho Honors Scholarship foundation had chosen me as a recipient that it was very helpful and support during my student life.

#### (3) Job hunting in Japan or entering the next stage of education

Advise to other international students

International students have a chance to study in Japan, please don’t hesitate to catch the chance. Many scholar foundations was supply for your study.
**Report on study in Japan by the recipient of Monbukagakusho Honors Scholarship for Privately Financed International Students**

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<tr>
<td>2. Nationality</td>
<td>Serbian</td>
</tr>
<tr>
<td>3. Grade</td>
<td>Undergraduate</td>
</tr>
<tr>
<td>4. Name of school</td>
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<td>5. Academic level</td>
<td>Undergraduate program</td>
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<td>6. Name of (graduate) school, faculty</td>
<td>Modern Japanese Studies Program</td>
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<tr>
<td>7. Period of scholarship</td>
<td>From 20 18 year 20(xx) 4 month to 20 19 year 20(xx) 3 month</td>
</tr>
</tbody>
</table>

**Undisclosed**

(1) Preparation for coming to Japan

My preparation for coming to Japan was fairly simple. I made sure that I had prepared all my documents beforehand, and that I had enough physical money to cover me through unforeseen circumstances, as well as to buy furniture for my dormitory room/apartment, since I did not bring any of my own and was not planning to do so. The scholarship definitely helped with this, as I did indeed encounter some previously unexpected expenses, such as insurance, other medical bills, moving costs, etc. Aside from that, there was not too much other preparation that was necessary.

(2) Life in Japan as a student

Life in Japan as a student is what I imagined it would be. There are plenty of opportunities both for entertainment and for personal development in the form of university circles and clubs. Usually, these have some sort of monthly fee associated with them, so the scholarship also comes in handy quite a bit for this purpose. It might be daunting at first if one hasn't ever lived in a foreign environment. I came to Japan not speaking any Japanese at all, and it was quite difficult to adjust to my new life. However, I eventually managed to do so by immersing myself as much as I could and finding good friends to help me out.

(3) Job hunting in Japan or entering the next stage of education

If you want to try job hunting in Japan, make sure to know enough Japanese to be able to handle interviews comfortably (unless you're trying to find an English-speaking job, of course). I have only ever done one job interview myself, but aside from the language requirement, it is not much different from other countries, though the formalities might differ slightly. I would recommend looking at advice on the internet, since there is a lot of it readily available, and it is very effective.

**Advise to other international students**

There isn't too much advice I can give that hasn't already been repeated. As long as you study hard, and utilise your time in Japan to its utmost potential, you should be completely fine. Just make sure to put both your physical and mental health first! It's easier said than done, but it's an important thing to remember, and something that's often forgotten.
20

1. Name
Shreyas Shrikant Atre

2. Nationality
India

3. Grade
3rd year

4. Name of school
Saitama University

5. Academic level
Undergraduate program

6. Name of (graduate) school, faculty
Saitama University

7. Period of scholarship
From 2018 year 20(xx) to 2019 year 20(xx)

(1) Preparation for coming to Japan

The reason I had decided to come to Japan was because I had strong attraction to the Japanese culture and the concept of hospitality since I was a child. I had lived in Japan for 2 years as a child and hence wanted to come back again to pursue my higher studies here in Japan. I had to prepare for many things mentally, as well as financially before coming to Japan. The reason was that my parents were initially against me coming to Japan without any scholarship so they felt that I should wait until I secure a scholarship in Japan. Hence I had to work hard for a year and earn a lot of money to secure my living expenses in Japan in case I did not get an arubaito, or part time job and hence the first entire year without having any scholarship was very tough.

(2) Life in Japan as a student

Living an entire year without any scholarship was very tough in Japan. I worked at an Izakaya, which used to be open till late night, and hence I always had a hard time concentrating on the morning classes. I had to work and utilize my maximum permitted limit of 28 working hours to the fullest, since I could not afford to lose a single hour of work for week. I was praying everyday for a scholarship since then. However after getting the Mombusho honors scholarship I could regain my mental and physical fitness back again. I did not have to work till late night and I could finally concentrate in my classes. I had one thing clear in mind: the scholarship I was going to get was the taxes which were paid by the citizens of Japan. So I decided to volunteer for many events, using that money as a token of my appreciation to the Japanese people, such as working as the Saitama prefectural ambassador for sightseeing, working as the MC at many events organised by the Saitama Tourism and International Relations Bureau, working as the OECD student ambassador to Japan etc. I propose to use that scholarship amount very wisely and with great responsibility.

(3) Job hunting in Japan or entering the next stage of education

I am currently planning to pursue my masters in Japan and work in an international institution located in Japan, for example like JICA. I will be interning for JICA this autumn, which will serve as a good ground for practising my Japanese, and also will help me in learning the Japanese workplace culture. Currently I am planning to enter a certain university to pursue my masters in Comparative laws. I also wish to work, and live in Japan for the rest of my life and also continue doing my volunteering activities as much as possible for the remainder of my life.

Advise to other international students

My advice to other international students is to try learn to speak the beautiful Japanese language. Once you can speak fluent Japanese, or at least be able to converse in Japanese, you will find how much fun it is to live in Japan. You will be able to converse with the local natives here, and you will be enchanted by the beauty of the Japanese language and also by the beauty of Japan, in the process.
Report on study in Japan by the recipient of Monbukagakusho Honors Scholarship for Privately Financed International Students

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<tr>
<th>1. Name</th>
<th>SINGH Ravi</th>
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<tr>
<td>2. Nationality</td>
<td>Nepalese</td>
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<td>3. Grade</td>
<td>2nd year</td>
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<td>4. Name of school</td>
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<td>5. Academic level</td>
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<td>6. Name of (graduate) school, faculty</td>
<td>Bachelor program in Global Issues</td>
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<tr>
<td>7. Period of scholarship</td>
<td>From 2017-10 to 2019-3</td>
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(1) Preparation for coming to Japan

Before coming to Japan, I learned basic Japanese thinking that it would be of great help during my stay in Japan. Moreover, it can also help me communicate with Japanese people and also understand their culture and values.

I did some research about the university of Tsukuba where I was planning to enroll for my further studies as it can help me to understand system and environment better so that it will be easy for me to adopt. Even I did some research about the Tsukuba city where I am planning to live for 4 years during my undergraduate. As it was my first time to live abroad away from family, I was trying to learn many things like cooking, cleaning etc. so that I can manage to live alone while in Japan. I also attended English proficiency test as I was planning to enroll into English course in any university in Japan.

(2) Life in Japan as a student

In my opinion, life in Japan compared to any other country is way more safe, you can travel anywhere at any time without any fear. Further, Japan has clean and peaceful environment and life in Japan is very convenient as we have 24 hours restaurants, convenience stores, proper public transport etc. however when it comes about student life, it is extremely difficult to manage everything by yourself including finance. As Japan is one of the expensive countries in the world. In Japan, foreign student has restriction on duration of hours they can work as part time legally. As for the international student it’s tough to get scholarship as they have very limited number of scholarships where you do not need Japanese language proficiency. In addition, student attendance in class plays very important role in grading and even for the visa renewal. So, it is very difficult for international student, if he/she is privately financed as the tuition fees and living expenses in Japan is very high.

(3) Job hunting in Japan or entering the next stage of education

I am an undergraduate student majoring in global issues. We come to know various global issues all around the world in our day to day life related to different environmental issues, social issues, political issues etc. Mostly, the global issues on above topics are adverse in developing countries like Nepal, India, Bangladesh, Myanmar, Pakistan etc. due to which many people die every minute with problems like flood, landslides, hunger, religious fights, terrorism and diseases etc. As, I have seen these problems from my childhood and always dreamt for options to improve these kinds of issues and contribute to my nation Nepal and beyond, which was my prime motivation to choose this subject as my major.

During my first year, I learned about different kind of global issues causing sufferings to all the people around the world which are interconnected with each other. BPGI program is unique program unlike other programs at University of Tsukuba. In this program, we will learn about different kinds of global Issues and ways to solve these Issues in perspective of Environment and Human. The environment field deals with earth environment and risk and security, on the other hand the human field deals with “human health and well-being” and social diversity. We will also learn about the SDGs (Sustainable Development Goals) with 17 Goals and 169 targets to solve the global issues from all around the world. It was established in 1st January 2016 and they have plan to root out the problems mentioned in their goal from the ground level by 2030. Where I think many people are very busy only thinking about own lives without any concern on proper management of environment.

After my graduation, I want to continue my research in the field of global issues with more focus in developing nations with an aim to become expert in the field of global issues and help to find solutions to severe global issues for protection of environment and human lives.

Advice to other international students

For other international students who are willing to come to Japan for their further studies they need to be mentally prepared to face all the challenges on the way to live their independent life. As for most of the student it might be the first time living abroad far away from their family, so, it might be hard at first to manage all stuff by themselves, but I am sure it teaches us good lesson to live our life in an independent way.
**Report on study in Japan by the recipient of Monbukagakusho Honors Scholarship for Privately Financed International Students**

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<tr>
<th>1. Name</th>
<th>Jeremy Gavriel</th>
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(1) Preparation for coming to Japan

I entered Tokyo Tech on April 2017, after going through a roughly 6 month process, from the start of the registration. There was a lot to prepare, like the documents, tests, and interview. However, I was mostly afraid of what to expect in Japan, with no friends or family, a new environment, and new language to learn. Thankfully, I had very helpful seniors who could help me with all the preparation I need. Also, my friends and family back in Indonesia were very supportive and caring. I would be nothing if were not for them, and they have helped me get to where I am right now. It is important to always ask people for any kind of information, do not be ashamed. Moreover, do get ourselves ready before coming to Japan, like studying Japanese, spending time with friends, family, etc.

(2) Life in Japan as a student

I entered Tokyo Tech on April 2017, after going through a roughly 6 month process, from the start of the registration. There was a lot to prepare, like the documents, tests, and interview. However, I was mostly afraid of what to expect in Japan, with no friends or family, a new environment, and new language to learn. Thankfully, I had very helpful seniors who could help me with all the preparation I need. Also, my friends and family back in Indonesia were very supportive and caring. I would be nothing if were not for them, and they have helped me get to where I am right now. It is important to always ask people for any kind of information, do not be ashamed. Moreover, do get ourselves ready before coming to Japan, like studying Japanese, spending time with friends, family, etc.

(3) Job hunting in Japan or entering the next stage of education

Advise to other international students

Don't stop believing in yourself. Have faith in your hard work, and never lose hope. Japan may not be the best place for you, but hang in there. There's always something to be grateful for. Ganbatte!
**Report on study in Japan by the recipient of Monbukagakusho Honors Scholarship for Privately Financed International Students**

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<th>1. Name</th>
<th>Lin Szu Yu</th>
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<td>From 2018 year 20(xx) month 4 to 2019 year 20(xx) month 3</td>
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(1) Preparation for coming to Japan

I came to Japan through the Global 30 program which requires no Japanese skills, thus, I did not take any Japanese courses before coming to Osaka University. I was very determined to come to Japan so I applied more than five universities. I would say there are not much preparation before coming to Japan, however, there are quite a lot of procedures to go through after arriving. Fortunately, the university were helpful and guided me through them all.

(2) Life in Japan as a student

Life in Japan is very comfortable and fun. Japan is a very safe and convien country. Most students live alone and away from the dormitory after the first year of university. The area in is very safe and even if I go home late at night I don’t feel scared. Also, there are several supermarkets and convien stores around the area I live in I can access to food very easily. Studying in Japan is very fun because I can travel around the country. There are many prefectures in Japan with its distinct culture and food to experience. Transportation is very convien so it is easy for me to travel around during the vacation.

(3) Job hunting in Japan or entering the next stage of education

I haven’t started job hunting; however, in the campus there are many information concerning this matter.

Advises to other international students

Japan is a great desitnation to study because it is very comfortable to live in suggesting you can focus on your studies without worrying too much.